### VISTA MARIA WRAPAROUND PROGRAM: Where you have a VOICE...

## ...and CHOICE in deciding how our team can best assist you in achieving your goals.

#### WRAPAROUND PROGRAM

Vista Maria's Wraparound Program is a family-driven, strength-based, solution focused service aimed to help youth and families achieve important changes, needs and goals. Every family creates unique plans that fits their needs, beliefs and wants.

- Family-driven: Resources and services are centered around you, your family and your choices.
- Strength-based: Building on what is already working in your life to meet your goals.

Program staff assist with providing resources and services to youth and families who express a need in particular areas of their lives. Some examples include:

- Academic support
- Goal-setting and planning
- Emotional or behavioral counseling
- Job applications
- Afterschool activities
- Vocational training
- Mentorships
- Continuing adult education
- Professional development

### **HOW DOES IT WORK?**

- 1) Youth and/or family express an interest in the program OR Family is referred by a school
- leader. 2) Youth/Family meet with the
- Wraparound team to determine if Wraparound services are an appropriate fit. Referrals can be made for families in search of alternative services.
- 3) Family meets with Wraparound team to determine their strengths, needs and decide team members to include as supports.
- 4) The team creates and implements a plan catered to meet each prioritized need.
- 5) Regular check-ins with the team to review, celebrate progress towards goals and to make any desired changes to the plan.
- 6) Resources and services are adjusted, increased, or decreased depending on the unique needs of each family.
- 7) Family completes the program upon completion of goals or at family discretion.

### **PROGRAM GOALS**

• Youth, family, school, community and Vista Maria work together as a team to create positive change and growth.

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- Provide resources and services that assist families with developing new skills to improve their quality of life.
- Increase family harmony and resilience.
- Decrease in youth and family stress.
- Families will have a broader knowledge of local resources and support.
- Educational stabilization, engagement and achievement.

#### **THINGS TO KNOW**

- Each family creates their own path with Wraparound Program. YOU tell US what you need, not the other way around.
- This program is 100% voluntary and therefore youth/family may leave the program at any time.
- We are a confidential program which intends to protect and assist your family at all times.

## **INDIVIDUAL WORTH**

ONE'S OWN WORTH AS A PERSON

# RECONCILIATION

RESTORATION OF RELATIONSHIPS

## MERCY

LOVE THAT PARDONS

ZEAL LOVE AND KINDNESS IN ACTION

### VISTAMARIA WRAPAROUND PROGRAM

### **MORE DETAILS**

The Wraparound Program offers assistance for each person to transform, become stronger and empower their lives.

This program offers practical and compassionate assistance to people who need and want to improve their lives.

Wraparound services provided through Vista Maria are available for students, caregivers and families of students, as well as for youth transitioning to independence.

Youth and families may request to participate in the Vista Maria Wraparound Program. School personnel (principal, teachers, social workers, etc.) may also refer youth and families to participate.

We're visionary in our approach and unrelenting in our quest to provide the best care and support for youth and families.

No matter how great the need or challenge, Vista Maria will never stop—because every young person deserves to start.



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#### WWW.VISTAMARIA.ORG



Vista Maria has been serving youth and families since 1883, with a mission to deliver innovative care, support, treatment and education to vulnerable youth so that they heal, believe in their worth and build the skills needed to succeed.

If you have any questions or would like to learn more about our Wraparound Services, please contact us.